We have an amazing 128 children performing this year so it is very important that the grown ups (that's you) are fully prepared and organised for them.

This email contains some important information so please read it carefully to the end...

Please make sure you have your rehearsal days and times for this week in your diary. These are shown again at the bottom of this email and also on the Summer Display event page on the website HERE. I have now added the routine names where I think it might be useful. (https://www.altongymnasticsclub.co.uk/summer-gymnastics-display)

GENERAL (all dates)

- Please arrive for the time set for your child's group and wait for them to be called in. We will do our utmost to run on time.
- Please check the instructions below for what they need and what is happening on each day.
- Parents are <u>not</u> allowed to watch rehearsals except by prior arrangement in exceptional circumstances.
- Please do not stand in the balcony area.

GfA Routines: Useful to know in case we refer to the routine rather than the class groups...

- <u>4 & 4.15pm classes Monday/Wednesday/Friday:</u> The Lion King: Hakuna Matata / Can't Wait to be King (depending on day)
- 4.30 & 4.45pm classes Monday/Wednesday 5pm Stage 2 Friday: Matilda: Revolting Children
- 5pm Classes Stage 2 & 3: Shrek the Musical : I'm a Believer
- Stage 4 Classes: Joseph & the Amazing Technicolor Dream Coat : MegaMix
- Intermediate & Advanced: Wicked: What is this Feeling
- Mini Squad: Sound of Music: Favourite Things

FIRST REHEARSALS: (Tuesday 15th / Wednesday 16th / Thursday 17th July)... Please check the schedule for your child's day(s) and times.

PLEASE NOTE: These rehearsals are key to bringing the different classes together and finishing off the routines. they are NOT OPTIONAL and were part of the original email that you (should have) read before signing up. Gymnasts who do not attend these rehearsals will be assumed as no longer participating and written out of the formations.

- At these rehearsals each child will be given their costume/accessories for the performance (unless they have them already). For most this is something they wear around their waist / hair accessories.
- They will also be given an event T-shirt. Everything except the hair stuff will be named already for you. Costumes have been provided according to the measurements you gave us. Any alterations are the responsibility of parents and must be done by the Friday rehearsal.
- You WILL be able to collect your tickets at this rehearsal if you have not done so already.

FRIDAY 18th July: DRESS REHEARSAL...

4 - 7pm*

*The rehearsal officially finishes at 7pm but we have planned to disperse the younger children earlier, please see below for details...

The rehearsal starts at 4pm. It is important everyone is on time. Because there will be a high volume of children arriving at the same time you MUST make sure you go to the correct entrance for drop off and collection...

Please see below for the drop off & pick up locations:

- **Squads & Prep. Groups:** You may arrive from 3.45pm (if you can) and enter the hall the normal way via the corridor.
- <u>The Lion King, Matilda, & Sound of Music:</u> ARRIVE for 4pm, FINISH by 6.30pm: Please bring the children to the corridor and enter the same way as usual when called in. Please pick up at 6.30pm where you dropped them off.
- Shrek the Musical, Joseph & tATDC, Wicked: ARRIVE for 4pm, FINISH by 6.45pm. Please wait outside by the fire doors adjacent to the main entrance and we will let you in from there. Please pick up at 6.45pm where you dropped them off.
- Children should arrive wearing their club uniform, show costume / accessories and their event T-shirt.
- Hair should be done how you intend to do it for the Saturday (or very similar) so we can check this is all okay.
- Please note: Hair must be firmly secured off the face and long hair <u>must not</u> dangle below the shoulder blades... please bun it or loop it up so that it's not whipping around when they do their gymnastics! Bun rings aren't recommended as they tend to add extra bulk that can get in the way for rolls etc.
- ALL jewellery must be removed BEFORE you arrive. THIS IS NON-NEGOTIABLE for events so to avoid upset on the day, please plan ahead if you have problems removing/replacing them.
- Please ensure your child has a sealed, named bottle of water for this rehearsal. Please <u>do not</u> give them juice or other drinks as spills of this nature are more troublesome to manage on the mats/equipment. For diabetics please provide a juicebox or sweet snack in addition to other snacks and water as you normally would.
- We recommend that they eat something before hand but they may bring snacks as needed. Please ensure all snacks are in a <u>small</u> named bag. **NO chocolatey snacks** as melted chocolate is difficult to clean out of the gym mats.
- Please avoid large bags or back packs etc. as space is limited, send them in with <u>ONLY what they</u> need for the rehearsal.

We have several children with NUT ALLERGIES, therefore please DO NOT give your child snacks containing nuts as we have no way of separating the children whilst they eat.

As well as our coaching staff, each group of younger children will have a chaperone who is a volunteer parent. The chaperones will stay with the children and attend to their needs throughout the Dress Rehearsal and on Performance day.

- You <u>WILL</u> be able to collect your tickets at this rehearsal if you have not done so already.
- ANY TICKETS <u>NOT</u> COLLECTED BY THE END OF THIS REHEARSAL WILL BE RE-ALLOCATED to people who have missed out or who require more tickets... you MUST therefore collect ALL of your tickets by the end of this rehearsal, you will <u>NOT</u> be able to collect them on Saturday!

SATURDAY 19th July - DISPLAY DAY!...

Please check the schedule for your child's arrival time

- Children should arrive as per the Friday, completely ready for their performance: in uniform with their accessories and T-shirt on. Hair should be done too, as per the Friday.
- Please make sure all your child's belongings are named and can fit in the bag they bring in.
- Avoid bringing extra clothes or large items they do not need.
- Children *WILL* need footwear on Saturday as they will all be taken in groups to use the toilet before the performance.
- **Footwear:** sliders / crocks / flip flops ... something they can put on quickly and easily please. Please make sure these are named as it is likely that more than one child will have the same shoes.
- Adequate water in a sealed, named bottle: No juice or other drinks please. For diabetics please provide an juicebox or sweet snack in addition to other snacks and water as you normally would.
- Substantial packed lunch (for those arriving before 12.30pm). (You may have juice in your lunch box, you may also have chocolate as you will not be eating on the mats!)
- Snacks (if arriving at 12.30 please have lunch beforehand but you may bring snacks)
- PLEASE make sure your child's lunch box / snack bag is clearly NAMED along with all their other belongings.

We have several children with NUT ALLERGIES, therefore please DO NOT give your child snacks containing nuts as we have no risk-free way of separating the children whilst they eat.

- All performers should enter the hall the normal way on the Saturday as it is a staggered arrival, so the doors from the corridor where you enter for your classes.
- When you drop you children off, you will be able to exchange your tickets for an event wristband. We
 recommend you take the opportunity to do this as it will make going in and out of the centre easier for
 you.
- You will need to show your tickets or wristband in order to purchase photographs and a wristband makes this easier.
- Once the children have been brought into the hall you are free to go and grab a coffee, relax for a bit in the cafe or leave and come back later.
- Please note: You will not be allowed to wait in the hall as preparations will be ongoing. Please make sure your emergency contact details are up to date on **JoinIn**.

SHOW TIME!!!

- You will need your tickets or wristband to come to watch the Display.
- We will be using the two back doors to let you in so (weather permitting) please queue outside by the back carpark.
- Please do not obstruct the entrance to the Spa and make sure you leave enough room for other users to get down to the main entrance.
- If a member of your party is disabled, elderly or otherwise needs a little extra care, and you haven't done so already, please email our registration and Front of House lead, Vicki White ASAP so we can make arrangements for you.
- Seating is provided but we have found in the past that many parents prefer to stand. Therefore there will be standing room behind and at the sides of the seating area.
- Children are welcome to sit on the mats and benches which will be at the front of the seating area. However it is your responsibility to ensure they do not enter the performance area.
- At the end of the performance we will return the gymnasts to your care in an order beginning with the littlest ones. Please bare with us whilst we do this as we need to ensure all children are safely handed over. You and your child can then go and collect their bits and pieces from the designated area.
- Photos will be available to purchase online after the performance <u>HERE</u>:
 https://www.onsitephotos.co.uk/view-purchase-photos/8586 The passcode is: AG725 (you can still also see last years display photos on there AG724)

In the case of an evacuation during the performance please allow the coaches and Chaperones to escort the performing children to the meeting point so they can perform a role-call. Take yourselves and your non-performing children to the meeting point via the emergency exits and await further instructions.

If you have any questions please get in touch by email asap!

SUMMER DISPLAY SCHEDULE...

The most up to date Schedule and information is also available on the <u>Club Website here:</u> https://www.altongymnasticsclub.co.uk/summer-gymnastics-display

Tuesday 15th July: Rehearsal for Squads / Development / Minis / Intermediate & Advanced...

4-6pm: Preparation Squads & Mini Squad

5-7.30pm: Acrobatic & Artistic Squads (Performance, Development, Azure, Cobalt, Turquoise)

6-7.30pm: Intermediate & Advanced

Wednesday 16th July: Rehearsal for GfA Stages 1 through 4...

4-5.15pm: **GfA 4pm & 4.15pm classes** (The Lion King)

5-6.15pm: GfA 4.30pm & 4.45pm classes & Friday 5pm Stage 2 class (Matilda)

6-7.15pm: GfA 5pm & 5.15pm classes *(not Friday 5pm Stage 2, see above) (Shrek the Musical /

Joseph)

Thursday 17th July: Rehearsal for Squads & Development

4-6pm: Preparation Squads

5-7.30pm: Acrobatic & Artistic Squads (Performance, Development, Azure, Cobalt, Turquoise)

Friday 18th July: Full Rehearsal for everyone...

4-7pm: ALL PARTICIPANTS (see detail for specific finish times)

Bring snacks/packed tea

Please arrive in uniform and bring any costume or accessories where applicable. Hair should be tied back neatly or as requested for your childs routine. All jewellery must be removed. <u>First Show Photos</u> will be taken during this rehearsal.

- **Squads & Prep. Groups:** You may arrive from 3.45pm (if you can) and enter the hall the normal way via the corridor. **FINISH at 7pm** (**7.15pm** for older squad gymnasts (ie over 12 years) as we need help to straighten things up for the morning)
- The Lion King, Matilda, & Sound of Music: ARRIVE for 4pm, FINISH by 6.30pm: Drop off and Pick Up at the normal corridor entrance to the Sports hall.
- Shrek the Musical, Joseph & tATDC, Wicked: ARRIVE for 4pm, FINISH by 6.45pm. Drop off and Pick up at the fire door adjacent to the Main Entrance to the Sports Centre
- All other Gymnasts will finish at approximately 7pm

Saturday 19th July: Display Day!

Arrival times are staggered and we have designated final practice times, lunch break times etc. Once gymnasts arrive they remain until the end of the show so make sure they have everything they need <u>in a</u> bag on arrival.

9.45am: Acrobatic & Artistic Squads (Performance, Development, Azure, Cobalt, Turquoise)

Bring packed lunch, snacks & plenty to drink

11.15am: Preparation Squads

Bring packed lunch, snacks & plenty to drink.

<u>11.45am:</u> GfA 5pm* & 5.15pm classes, Intermediate & Advanced : Shrek the Musical / Joseph & tATDC / Wicked

Bring packed lunch, snacks & plenty to drink *(not friday 5pm Stage 2, see below)

12.30pm: GfA 4pm, 4.15pm, 4.30pm & 4.45pm classes, Friday 5pm Stage 2, Mini Squad : Lion King / Matilda / The Sound of Music

Matilua / The Sound of Musi

Bring snacks & plenty to drink

Doors open for Audience: 2.15pm

Show: 2.30 - 4pm

(Doors open and show times are approximate)

Can't wait to see you there!