

## Alton Gymnastics Club

c/o Joanna Foley, 62 Pound Gate, Alton, Hants, GU34 2HL

contact@altongymnasticsclub.org



# Code of Conduct for Parents

### Parents should:

- Familiarise themselves with Club Rules and Policies to ensure understanding and adherence.
- Ensure gymnasts are punctual for training sessions and classes.
- Ensure gymnasts attend in appropriate dress and comply with the British Gymnastics Association and Alton Gymnastics Club policy on jewellery and safe and appropriate dress.
- Ensure all class and training fees, annual membership and competition fees are paid on time and are presented in an appropriate manner (in a marked envelope or cheque with the child's name, class and reason for payment on the back or by standing order)
- Ensure the club are informed about any change of details, including contact and medical information, particularly any new diagnosis or change of emergency contact details.
- Not bring children who you believe are genuinely unwell, particularly if they are suffering from nausea or feeling sick. If you are not sure if they are ok, please stay local for the duration of the class.
- Not drop off and leave gymnasts who are late. Accept and respect that the rules about punctuality are there to protect your child and to safeguard the quality of teaching to yours and other participants.
- Respect the decision of the coach if your child is not allowed to participate due to being late. Punctuality rules are in place for the safety of the gymnasts.
- Respect the decision of the coach to discipline gymnasts, which may involve exclusion from an activity if express or implied instructions have not been followed.
- Not enter the training area unless invited to do so or in an emergency.
- Not try to attract the attention of coaches or gymnasts during a class unless it is a genuine emergency.
- Approach the desk if you need to speak to a coach, or contact them by telephone/email.
- Inform the Director of Gymnastics and Coaching by telephone, email or letter if your child is going to miss two or more training sessions or classes in a row. If possible, please inform or ask your child to inform their immediate coach as well.
- Avoid the disparagement of the knowledge, ability or performance of gymnasts or coaches. There are accepted methods of expressing disapproval, which should be followed or silence maintained.
- If you are unhappy with any aspect of the running of the club or with the performance or behaviour of gymnasts or coaches, please express this in one of the following ways:
  - By speaking directly to the coach in charge of the group.
  - By speaking directly/ writing to the Director of Gymnastics and Coaching.
  - By speaking directly/writing to the Clubs Welfare Officer.

Contact details of the various officials are displayed on the club notice board and website.

- Show appreciation and respect for the coaches, officials and volunteers without whom, your child could not participate.
- Remember that children participate in this sport for their benefit, not yours.
- Focus on the gymnasts efforts and performance rather than the results or winning or losing and try not to draw comparisons with peers.
- Re-enforce the rules of the gym and encourage your child to follow them. The rules are there to help your Club run safely and smoothly for the gymnasts.
- Respect and adhere fully to the clubs policy regarding filming, videoing and photography.
- Collect gymnasts from class on time and ensure that your collection arrangements are made clear to and understood by your child. To avoid placing children at unnecessary risk, we prefer that all gymnasts are dropped off and collected directly at the door of the gym hall. Gymnasts under 10 years of age MUST be collected in this way.
- Ensure that the Director of Gymnastics and Coaching is informed in the appropriate way should your child wish to discontinue gymnastics.
- Observe and adhere to the club policies with regard to social media.